

TRAIN THE TRAINER FOR PREVENTION OF AGGRESSION AND PHYSICAL HOLDS[®]

When: March 3 & 4, 2012

Where: Circles of Care
5333 Everhart, Suite 150B
Corpus Christi, TX 78411

<http://www.circlesofcareinc.org/about-us/corpus-christi/>

Time: 9:00 AM - 4:00 PM

Register Online: <http://www.mgmconsulting.biz/>, or complete the attached registration page

Cost: \$250.00 per person, payable **in advance** to *MGM Consulting*

Qualifications: Should have one year of experience in the field and be physically able to restrain a client.

Lunch: On your own.



Dress: Casual. Long comfortable pants recommended. No dresses or skirts.

Train the Trainer for Prevention of Aggression and Physical Holds[®] **meets Department of Family and Protective Service (DFPS) standards** and is designed to instruct your more experienced staff on specific teaching tools that will:

1. Allow your staff to **tailor the material** to meet the specific needs of your facility without affecting the integrity of the course;
2. Strengthen their presentation ability;
3. Train them to teach **safely and effectively**; and,
4. Provide **measurable documentation** of the participant's understanding of the materials presented.

Call Mike Messinger at (512) 659-8843

E-mail: mgmconsulting@msn.com, Website: <http://www.mgmconsulting.biz/>

The Trainers will be able to cover topics such as:

1. **Common Issues** - evaluating staff emotions when facing a crisis to determine the client's goals of behavior. (A great tool for developing that "gut" instinct);
2. **Recognizing a crisis before it is a crisis;**
3. **Verbal, non-verbal, and creative interventions;**
4. **Long and short-term goals of interventions** - an examination of where we want to go with a client. (An excellent documentation tool);
5. **How we provoke restraints and ways to avoid them;** and
6. New **Protective and Regulatory Service (PRS) standards.**

The Trainers will be able to teach the following protective holds:

1. Basket hold;
2. One - person hold;
3. Two - person hold (with assists); and
4. Several escapes and blocking moves.

About the trainer...

Mike Messinger works all over the United States, focusing primarily on cost effect system improvements, program and community assessments, and staff development. Mike develops innovative solutions to a wide array of system and business issues. He creates staff development and training programs designed to ensure sustained improvements.

Mike has worked in both the private and government sectors with numerous businesses, associations, mental health agencies, governments (state and local) and boards. Mike received his Bachelor of Arts and Science in Occupational Education from Texas State University his Masters of Public Health from Texas A&M School of Rural Public Health in policy and management.

Other training and services offered by MGM Consulting:

- Communication and Listening Techniques
- Management
- Supervising and Coaching
- Working with other Managers and Supervisors
- Evaluation of new and existing programs and tailored training to improve performance

Call Mike Messinger at (512) 659-8843

E-mail: mgmconsulting@msn.com, Website: <http://www.mgmconsulting.biz/>

